



MEET OF CHAMPIONS

Chicago Speed Track Club excited to bring you a safe opportunity for high school aged track & field athletes to train, compete and stay connected to the sport during these unprecedented times. However, in addition each participant receives a **FREE** 3-month trial of UA MapMyRun MVP.

*Any athlete or coach can use the code
“**meetofchampions2020**” to redeem **THREE (3) FREE**
Months of UA MapMyRun’s MVP account status.*

7 MVP FEATURES OF UA MAPMYRUN TO LEVEL UP YOUR TRAINING

1. TRAINING PLANS

Train for a 5K, 10K, half-marathon or marathon and get to the finish line strong. In MVP, you can get custom fitness plans based around your goals. These are created for you by MapMyRun and based on your current level of activity and the ultimate goal you are working toward. They also adjust week-to-week based upon your tracked progress.

2. LIVE TRACKING

Working out in a new city? Going for a nighttime run? Want to share your progress during a race? Turn on live tracking to let your friends and family see where you’re running in real time. Share your exact location and route with them and get peace of mind while you run.

3. HEART RATE ZONES

Do you know how hard you work? Your heart does. As an MVP, you can connect a heart rate monitor to track your heart rate zones. Train at the right intensity with detailed heart rate graphs and customizable heart rate zones.

4. PRIORITY SUPPORT

Have an issue? Don’t hesitate to contact us: Your MVP membership gets you priority status on our support line, which means our customer happiness team will respond to your question within 24 hours.

5. MOBILE COACHING

It’s like having a coach running alongside you on every run, ride or walk with real-time audio feedback that keeps you motivated. With in-workout audio guidance, you can achieve your customizable goal (e.g., pace, speed, distance and calories).

6. POST-WORKOUT ANALYSIS GRAPHS

Have you ever wanted minute-by-minute analysis of your cadence or power? With MVP you will get detailed charts and graphs and how it relates to elevation.

7. CUSTOM SPLITS

You choose how you want to view your workout data. See your splits broken down to whatever distances you want

Chicago Speed Track Club recommends that all athletes comply with updated health guidelines as determined by the CDC, State, and local government agencies. For this event, it is required that all performances be done individually and athletes must NOT meet in groups. Failure to comply will result in disqualification.

For questions and support email dpjd26@gmail.com

THE ONLY WAY IS THROUGH.